



BULLETIN BOARD

EMERGENCY MAINTENANCE

Emergency Maintenance
Cell Phone
(904) 627-4962
After Hours Only

OFFICE HOURS

HOURS
Monday–Friday
8:30 a.m.–5:30 p.m.
Saturday
8:30 a.m.–5:30 p.m.
Sunday
CLOSED



AK9790E



11425 McCormick Rd • Jacksonville, FL 32225 • (904) 641-7089

AUGUST 2018



NOTES & NEWS

Pool Users

There are no drinks or food allowed at the pool at any time!!!! This includes alcoholic beverages. The pool hours are from dawn to dusk. Dusk means 1 hour before sunset. It is up to maintenance as to when they will close the pool during the hour prior to sunset.

Thank you!
Monique



We Appreciate You



August

HIGHLIGHTS

Fire Prevention Week

Fire Extinguishers

As part of our community's regular maintenance checks, fire extinguishers will be checked and either serviced or replaced, if necessary. Make sure yours is available for inspection. You should always know where your fire extinguisher is and how to use it.

Please make sure you put your fire extinguisher outside your front door before you leave on the 9th of August. When you get home, it will be ready to put back in your apartment.



Back-to-School Time

THE DUNES STAFF

Monique Bouchard Property Manager
Joni Burns Assistant Manager
Robert Clark Maintenance Supervisor
Tom Keyes Maintenance Tech
Thomas Patton Grounds/Porter

IMPORTANT NUMBERS

Office (904) 641-7089
E-mail dunesapartment@bellsouth.net
Website: www.thedunesjax.com

TRIVIA WHIZ

Ahoy, Matey

The adventures of pirates, both historical and fictional, have fascinated people for years. Avast, me hearties, and follow the map to this treasure chest of pirate facts:

- The time between 1650 and 1730 is considered the golden age of piracy.
- Edward Teach—better known as Blackbeard—is perhaps the most notorious pirate. In 1996, his ship the Queen Anne's Revenge was found off the coast of North Carolina. The loot recovered from the site included more than 250,000 artifacts.
- Famous female pirates included Mary Read, Anne Bonny and Ching Shih.
- The most popular pirate-themed book of all time is "Treasure Island" by Robert Louis Stevenson, published in 1883.
- August is International Pirate Month, so it's the perfect time to practice your pirate accent in preparation for Talk Like a Pirate Day on Sept. 19.
- Several schools and sports teams have a pirate as their mascot, including Major League Baseball's Pittsburgh Pirates.
- Based on the Disneyland theme park ride, the film "Pirates of the Caribbean: The Curse of the Black Pearl" was released in 2003. The successful movie spawned four sequels, all starring Johnny Depp as Capt. Jack Sparrow.
- Dozens of towns across the country host pirate festivals, including Pirates of the Pacific in Oregon, the Beaufort Pirate Invasion in North Carolina and the Midwest Pirate Fest in Nebraska.



A Guide to Garage Sale Shopping

Yard sales are a common sight in summer. If the thought of searching through someone else's castoffs for a bargain sounds like fun, read on.

Where to go. Look in the local newspaper and on garage sale websites to find sales near you and see the types of items they are offering. There are also phone apps that let you sort through sales by categories, such as baby clothes or antiques.

Legendary Lions

It may be the dog days of summer, but a big cat is getting attention this month. World Lion Day on Aug. 10 puts the majestic animal in the spotlight. Celebrate this pride of famous lions:

MGM lion. His recognizable roar has signaled the start of every MGM film since the studio's founding in 1924. A feline named Leo has been the featured mascot the longest, since 1957.

Cowardly Lion. He's supposed to be King of the Beasts, but believes he lacks the courage. So the Cowardly Lion joins Dorothy, the Scarecrow and the Tin Man on their journey to see the Wizard in "The Wizard of Oz."

Aslan. The wise and powerful lion in "The Chronicles of Narnia" book and movie series serves as a guide to four children who walk through a wardrobe and into the fantasy land of Narnia.

Elsa. The true story of this real-life lioness was the basis of "Born Free,"

When to go. Popular items such as tools, sporting goods and furniture will likely be sold within the first couple of hours, so get there early if those are what you're looking for. If you are more interested in great deals, shop later in the day when prices will likely drop.

What to take. Make a list of things you want to find. Write down sizes and dimensions, and take a tape measure. You'll also want to have a few tote bags to hold the goodies you buy. Most sales accept only cash, so be prepared with plenty, including small bills. Pack a few bottles of water and some snacks.

How to shop. Carefully look over an object before you buy it. Most items are sold "as is." Ask if you can plug in electronics to see if they work. When buying DVDs or video games, open the case to make sure the right title is inside. When you are ready to check out, don't be shy about negotiating.

a book and movie about a couple who raised the orphaned cub, then released her back into the wild.

Simba. From playful lion cub to king of Pride Rock, Simba grows up and faces his fears in Disney's blockbuster animated movie "The Lion King."

Chauvet Cave lions. The prehistoric art of the Chauvet Cave in southern France was created about 35,000 years ago. The cave paintings depict a variety of animals, including cave lions, which were larger than modern lions and lived throughout Europe, Asia and North America.





WIT & WISDOM



Dress Up Your Drinking Water

Consuming enough water ensures that our bodies function properly, and hydration is especially important during hot summer months. Plain water, however, can be a bit boring. Here are some simple and creative ways to boost your daily water consumption.

Upgrade your ice cubes. Add chopped berries, mint or cucumber to water in an ice cube tray and freeze. You can also make ice cubes out of fruit juice, or freeze orange slices and use them as ice cubes.

Flavor with fresh fruit. Fruit is an excellent addition to water because it provides natural sweetness plus vitamins and minerals. Crush some raspberries, blueberries, mango or watermelon in the bottom of your glass, then add water. Or drop a few strawberry or kiwi slices in your beverage.

Herbs and spice are nice. Tempt your taste buds with the addition of herbs such as thyme, basil, cilantro, mint or lavender. Gently crush the herbs to release the flavor. Another option is to simmer a cinnamon stick in a cup of water, let it cool, then combine it with a pitcher of cold water.

Jazz it up with juice. Enhance the color, flavor and nutrients in water with a splash of fruit juice. Grapefruit, cranberry, pomegranate, grape and apple are all delicious choices.

Switch to sparkling. Sparkling water is a fun alternative to plain water and comes in multiple flavors. You can reduce the carbonated qualities of sparkling water by mixing it half-and-half with plain water.



One Minute Chef

Coleslaw With Green Chili Pepper Dressing

Ingredients:

- 1 1/2 cups mayonnaise
- 1 cup sour cream
- 3/4 cup diced green chilies, drained
- 6 tablespoons apple cider vinegar
- 2 tablespoons Dijon mustard
- 2 tablespoons Sriracha sauce
- 2 tablespoons agave nectar
- 2 cups shredded napa cabbage
- 1 cup shredded red cabbage
- 1 cup shredded carrots
- 1/2 cup thinly sliced white onions
- 2 1/4 teaspoons kosher salt, plus additional, to taste
- 1/2 teaspoon ground black pepper, plus additional, to taste

Directions:

In medium bowl, whisk mayonnaise, sour cream, chilies, apple cider vinegar, Dijon mustard, Sriracha sauce and agave nectar until well-blended.

In large bowl, combine napa cabbage, red cabbage, carrots, onions, salt and pepper. Add mayonnaise mixture; toss until well-coated. Season with additional salt and pepper to taste, if desired.

Coleslaw can be prepared ahead of time and refrigerated up to 1 day. Toss before serving.

Find more recipes at RioLunaPeppers.com.



“Play is the exultation of the possible.”

—*Martin Buber*

“Work hard, play hard, dream big, love loads, laugh as much as you can, and give back.”

—*Deirdre O’Kane*

“Watch a child play, and you will see real power. They are fearless.”

—*Gray Scott*

“Play keeps us vital and alive. It gives us an enthusiasm for life that is irreplaceable. Without it, life just doesn’t taste good.”

—*Lucia Capacchione*

“Play is hard to maintain as you get older. You get less playful. You shouldn’t, of course.”

—*Richard Feynman*

“It is a happy talent to know how to play.”

—*Ralph Waldo Emerson*

“We are never more fully alive, more completely ourselves, or more deeply engrossed in anything than when we are playing.”

—*Charles Schaefer*

“Play is our brain’s favorite way of learning.”

—*Diane Ackerman*

“Play energizes us and enlivens us. It eases our burdens. It renews our natural sense of optimism and opens us up to new possibilities.”

—*Stuart Brown*

“Creative play is like a spring that bubbles up from deep within a child.”




—*Joan Almon*

“The supreme accomplishment is to blur the line between work and play.”

—*Arnold J. Toynebee*



August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 			1 Rent Is Due	2	3	4
5 Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!	6	7	8	9 Fire Extinguisher Inspections Please Put Your Fire Extinguisher Outside Your Front Door.	10 Eviction Begins!	11
12	13  BACK TO SCHOOL!	14 Pest Control (Inside) (Apts. 1 - 74) A/C Filters Apts. 1 - 74	15	16	17	18
19	20	21	22	23	24 	25
26	27	28 Pest Control (Inside) (Apts. 74 - 150) A/C Filters Apts. 74 - 150	29	30	31	

Word Search

Category: Languages

M K C B S D U T C H Y E	1. Italian
H E B R E W G G D I N N	2. _____
D E N A M R E G D A I G	3. _____
F R A C D D G D R G T L	4. _____
S G E V E H I A I H A I	5. _____
I C R F G S B C S S L S	6. _____
T I O R H I E V D I H H	7. _____
A A K E C N G N H L S D	8. _____
L M C N D A H A A O T F	9. _____
I A V C F P W K C P H C	10. _____
A R B H H S I N A D A V	11. _____
N A I S S U R B G Y I J	12. _____
	13. _____
	14. _____
	15. _____
	16. _____
	17. _____
	18. _____
	19. _____
	20. _____

Word Search Solution:

1. Arabic	11. Japanese
2. Aramaic	12. Korean
3. Danish	13. Latin
4. Dutch	14. Polish
5. English	15. Russian
6. French	16. Spanish
7. German	17. Swahili
8. Greek	18. Swedish
9. Hebrew	19. Thai
10. Italian	20. Yiddish